



## Meet the Team

### **FFION KING**

Ffion has a background in performance and she first hit the stage at the grand age of six. She now has twenty years of experience in the theatre and went on to train as an actor at the prestigious Royal Conservatoire of Scotland.

Her work with students began at fourteen when she volunteered at the local stage school to help the younger pupils. From the get go, she thoroughly enjoyed the energy, commitment and humour that they brought and has continued her work ever since, pursuing a path in education. She's now taught thousands of students across the country and helps them challenge themselves, hone their presenting technique and find confidence when expressing their opinions.

It wasn't until after her school years that Ffion found she was dyslexic, which only heightens her passion for facilitating. She is over the moon to be working with Resilient Me and helping students find their strength and self-belief.