

# Prepare to Pass Worksheet

Name \_\_\_\_\_

1. Control Your Inner Dialogue

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2. Use Affirmations

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3. My Achievements

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4. How would you like to feel when you get your exam results?

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5. What would you like to go on and do after the exams are finished?

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**Review Sheet**

Learning tool used

**Mnemonics**

Memory image

**CHITSB**

Key-worded core facts

Different types of Religion

Topic title

**Christianity  
Hinduism  
Islam  
Judaism  
Sikhism  
Buddhism**

Dates for review

Ask yourself the core question onn these dates, then colour in the star when you remember all the facts



Facts Total

**6**

Core Question

**Name the main types of Religion**

## Managing Nerves & Stress

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## Self-Belief

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## Testing

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## Memory

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## Toolkit

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## Timetable Jigsaw

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## Today's positives

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

## Picture Story

The Picture Story Technique helps us to remember information by linking items together using a story and some pictures

### ITEM

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### PICTURES

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### STORY



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