



## Meet the Team

### **LYNDSEY SHEPHERD**

Lyndsey is a passionate and collaborative member of the Learning & Development community. She has a drive to support organisations and individuals to realise potential and create continual learning cultures. With over 15 years of training experience across a wide range of sectors, Lyndsey has been able to adapt to different challenges and thrives on seeing the 'lightbulb moments' in a room where she has made a difference or people start to think differently. Lyndsey has a warm nature and is flexible in her approach, she will always make people feel at ease and supports an inclusive learning environment. She is motivated by seeing other people overcome their own challenges and find their own success and gains results by building meaningful relationships and getting to the core of what needs to be developed.

In her own time, you can find Lyndsey out on adventures with her partner and son, trying to regain her running mojo or jumping out of planes!