

# Stress-Free Study Skills Worksheet

Name \_\_\_\_\_

## VHF Story

The VHF Story Technique helps us to remember information by linking items together using a story and some physical actions

ITEM

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ACTIONS

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STORY

## Review Sheet

Learning tool used

### Summary Poster

Memory image

Dates for review

Ask yourself the core question on these dates, then colour in the star when you remember all the facts



Key-worded core facts

Topic title

### Properties of Metals

High Boiling Point  
 Mercury = Liquid  
 Dense but Strong  
 Solid  
 Conducts heat & electricity  
 Good Alloy  
 Shiny When Cut  
 Ductile  
 Bendable

Facts Total

Core Question(s):

## Planning a Party

# PARTY



### Review

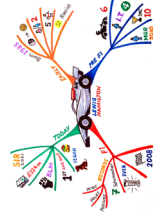
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### Mindmapping

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### VHF



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### Brain



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